



YOUR TRAVEL GUIDE TO

fordsquare**masjid**



WALKING



CYCLING



PUBLIC TRANSPORT



Welcome

Welcome to your masjid. Part of the vision for the masjid has always been to provide a sustainable development that is easy to reach by active travel (walking, cycling, public transport and car sharing)

To encourage environmentally friendly and active ways to get to the masjid, this leaflet summarises your options and will guide you in the direction of useful online resources, to help you plan how you'll travel.

Active Worship

Active worship means walking, cycling, using public transport and car sharing for salah.

It was narrated that Ubayy ibn Ka'b (may Allah be pleased with him) said: there was a man, and I do not know of any man who lived further away from the mosque than he did, but he never missed a prayer. It was said –or I said –to him: Why don't you buy a donkey that you can ride when it is dark or when the sand is too hot?

He said: I would not like my house to be next to be mosque. I want my walking to the mosque and my returning when I come to my family, to be recorded for me. The Messenger of Allah (peace and blessings of Allah be upon him) said: "Allah has gathered all that (reward) for you. "Narrated by Muslim, 663".

Why Walk Here?

It was narrated that Abu Musa (may Allah be pleased with him) said: The Messenger of Allah (peace and blessings of Allah be upon him) said: "The people who will receive the greatest reward for prayer are those who walk the furthest distance to come and pray, then those who walk the next furthest." Narrated by Muslim, 662.

Abu Hurayrah narrated that the prophet (saaw) said "Whoever purifies himself in his house then walks to one of the houses of Allah in order to perform one of the duties enjoined by Allah, for every two steps he takes, one will erase a sin and the other will raise him one degree in status" Muslim 666.

Walking is a fantastic way to get – and stay – healthy

Healthy, environmentally friendly and free, walking is the perfect way to arrive here, get more exercise, and boost your mental health and wellbeing.

The masjid is located in a residential area surrounded by good quality and lit footpaths, making walking a great choice of travel.

There are lots of online journey planners that make planning your journey on foot easy. The **TfL Go** app is one such tool that allows you to easily plan a journey. Simply enter your start and end point and let TfL Go calculate the details, including distance, time, along with detailed directions of your route.

Travelling by Bike

It's fast, healthy and above all low cost.

Cycle parking is available at the masjid; enabling you can securely park your bike and come to salah without having to worry about sitting in road traffic.

As well as being able to cycle to the masjid, you can also access **Cycle Superhighway 2**, which is an on-road cycle route on Whitechapel Road which forms part of the Cycle Superhighway between Stratford and Aldgate.

Cycle hire (Santander Cycle) is available from the docking station at Philpot Street, around 250 metres west of the masjid.

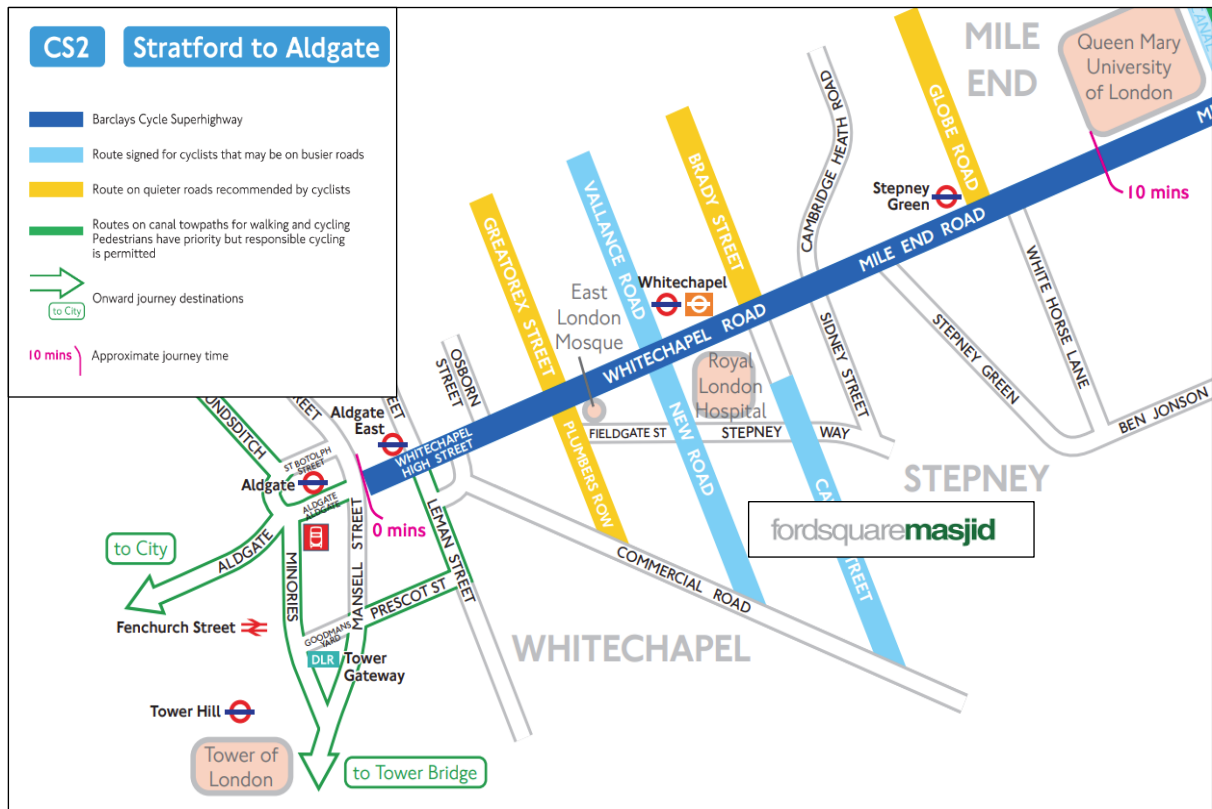
Cycle Training for Adults and families

Anyone who works, studies or lives in Tower Hamlets can take advantage of the free adult cycle training scheme. Family cycle training sessions are also available.

Family cycle training courses are available during school holidays, aimed at parents and accompanying children from years 3 to 6. The courses are provided by Bikeworks on behalf of the council.

The cycle skills for adult's programme offers one-to-one sessions with a qualified cycle instructor. Anyone living, working or studying in Tower Hamlets is eligible for up to five hours of training for free.

Cycle skills sessions last for one or two hours and are available at a time and day of the week that suits you. For further details, visit the Bikeworks website or e-mail enquiries@bikeworks.org.uk.



Using Public Transport

Bus travel can provide a convenient and cost effective alternative to the car.

Your nearest bus stops are a 3-4 minutes' walk away on Commercial Road and Cavell Road.

Your local bus services are:

15: Blackwell Station – Charing Cross

106: Finsbury Park - Cavell Street

115: East Ham - Aldgate

135: Crossharbour Asda – Old Street

N15: Romford Market – Oxford Circus

N550: Trafalgar Square – Canning Town Station

Whitechapel Underground Station is situated on Durward Street. It's a 6-8 minutes' walk and is served by the District, Circle and Hammersmith and City Lines, within Zone 2.

Shadwell Station, from which Docklands Light Railway services can be accessed, is also around 8 minutes away (by walking).



Car Sharing

If travelling by car is the only realistic option, have you considered car sharing? Car sharing is the most sustainable way to make journeys by car. By sharing your journey with just one other person you can reduce your travel costs by 50%. You can share cars and take it in turns to drive, or regularly use a single vehicle and contribute to the fuel cost which is a great way to save money.

Parking around the masjid is restricted during the day and also limited. When travelling to the masjid, please offer to share your car with your neighbours / local brothers.

If driving to the masjid, we request that you **do not**:

- Park across a resident's driveway
- Block junctions
- Park on the footway

Do you Need Help?

Maulana Shamsul Haque, the Chairman of the masjid, has been appointed as the Travel Plan Coordinator. Please contact Maulana for further information of if you would like assistance on planning your journey to the masjid.

Phone: 0207 790 0693

Email: info@fordsquaremasjid.org